

### Vocabulary

**Words for developing self-confidence and self-esteem** – proud, going to, can do, try, goal, succeed, now, before, after, next.

**Verbal feedback:** I like the way you ..., I was looking around the room and I saw you ....., You were being so careful when ....., Well done for stopping and .....,  
You made XXXX feel so much better when ....., Thank you for .....

**Questions** – What are you going to do first ...? What are you aiming to do..? What will it look like when you've finished...? What help do you need...? How will you know when ....? What can you do now that you couldn't do when ....? How many ways can you ...?

### Suggested resources to support PSED – Self-Confidence and Self-Awareness

#### Books and stories

Stuck	Oliver Jeffries
The Big Wide Mouthed Frog	Ana Martin Larranage
You Choose	Nick Sharatt
Cleversticks	Bernard Ashley
Dear Zoo	Rod Campbell
Can do	Joyce Dunbar
I want to be	Tony Ross
Making Faces	Nick Butterworth
Willy the Champ	Anthony Browne
Doggum's Holiday	Ros Bayley and Lynn Broadbent
Exploring Issues with Dossie and Kwame	Ros Bayley and Lynn Broadbent

#### Videos, photographs/pictures

Everyday pictures of themselves and photos doing what they are good at. Pictures/video clips of people making things. And of sports people/athletes practicing skills.

#### Real objects/natural materials

Crates and bread trays, planks, tubes and guttering, logs and log slices, netting, rope/string, pegs, bendy ties.

#### Talking tables

Specialist equipment (e.g. for first aid, dancing, juggling, sewing, baking, etc).